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INTRODUCTION

Biking La Manga is the longest established bike hire shop with the best selection of bikes in the region of Murcia.

# Located in La Manga Club – tel ext 2260

### WHERE TO FIND US

We are located in the lower level of Las Sabinas next to El Arbol Supermarket (below Asia restaurant) in the centre of La Manga Club.

# **OPENING HOURS**

Summer (April to October) – Sunday to Friday 10am to 5pm. Group rides Monday and Wednesday 5pm to 7pm. Closed Saturdays except for advance bookings. Please note we are open on Sundays during summer months.

Winter (November to March) – Monday to Friday 10am to 5pm. Group rides Monday and Wednesday 3pm to 5pm (the shop will be closed during the rides). Closed Saturday and Sunday except for advance bookings.

### **OUR RENTAL BIKES**

We rent Road bikes, Mountain bikes and Childrens bikes. Rental includes helmet, locks, maps and spares kit (tube, multi tool and pump). Most road bikes are full carbon models from Dolan. Shimano and Look clipless pedals are provided

Prices can for bike rental be found on our website http://bikinglamanga.com/wordpress/?page id=81

We have a minimum rental price of 1 day although our 24hr rental is only a few euro more. The price per day decreases over longer rental periods.

#### **GROUP AND GUIDED RIDES**

Group road rides run Monday and Wednesday throughout the year. During winter months they run from 3pm to 5pm and in summer months from 5pm to 7pm (August 6pm to 6pm). Group rides are on road bikes and approximately 40km. These rides are free to join, they are a good way to meet other cyclists and also learn a route. Guided rides can be organized for groups at extra cost.









# **Contact Us**

# **Biking La Manga**

Centro Commercial Las Sabinas Calle de la Salud La Manga Club Tel +34 968 338 260 Mob +34 647 059 204 LMC Ext 2260

info@abclamanga.com www.abclamanga.com www.facebook.com/bikinglamanga

## **ROUTES AND MAPS**

We provide a map of mountain bike routes with every bike rental. For road cyclists we can upload routes onto client Garmins or rental Garmin GPS with routes preloaded are available.

Road routes can be found on our website <a href="http://bikinglamanga.com/wordpress/?page">http://bikinglamanga.com/wordpress/?page</a> id=81

### **SHOP**

Biking La Manga keep in stock most essential bike spares and parts. However in addition we can order in any Shimano, Campagnolo or Sram part. Delivery time approx in 24hrs midweek.

We sell used and new bikes from Dolan, Commencal, Orange and Frogbikes.

#### MAINTENANCE AND SERVICE CENTRE

We have a fully equipped service centre. Wednesday and Friday mornings are set aside for maintenance, on these days we can offer quicker service times for client bikes.

# **CLOTHING**

Biking La Manga stock our own range of high quality cycle, triathlon and running clothing made by Bioracer. We also stock Spiuk helmets and sunglasses as well as Spiuk and Shimano shoes.

The full range of clothing is listed on our website <a href="http://bikinglamanga.com/wordpress/?page">http://bikinglamanga.com/wordpress/?page</a> id=522

# **EVENT CALENDAR 2015**

A list of Training Camps as well as local Triathlons, Marcha Cicloturistas and Races can be seen on our website.

http://bikinglamanga.com/wordpress/?page id=527