



JUNIOR FOOTBALL ACADEMY



SIGN UP NOW



LA MANGA CLUB
sport & leisure

GRAND | HYATT

LA MANGA CLUB
GOLF & SPA

6-9 YEAR-OLD FOOTBALL ACADEMY



10:00 a.m. – 11:30 a.m.

A fun-filled week of 90-minute sessions packed with skill-building:

Monday – Dribble Dynamos: Master dribbling like a pro!

Tuesday – Pass-tastic: Boost teamwork and precision with passing drills.

Wednesday – Skill Showdown: Test dribbling and passing in competitive challenges.

Thursday – Strike Like Champs: Learn to shoot with power and accuracy.

Friday – Fun Day: A mix of all skills to wrap up the week.

Each session ends with a 30-minute match to showcase their progress.

FROM JULY 15th TO 20th
During this day, all academies will operate exclusively in the afternoon (starting at 3:30 p.m.), with no morning activities. For more information about this day, please contact us.

FROM JULY 21st TO AUGUST 29th
Monday to Friday During this period the schedule will respect the times of the activities shown in this brochure

Sign up now and let the future stars shine!

10-12 YEAR-OLD FOOTBALL ACADEMY



4:00 p.m. – 5:30 p.m.

A 90-minute program designed to enhance technical skills and tactical awareness:

- Skill development with daily focus.
- Targeted ball techniques for individual improvement.
- Transition from solo drills to team coordination.
- Introduction to phases of play.
- Small team matches to boost attacking creativity.

Each session concludes with a 30-minute match. Sign up today!

13-16 YEAR-OLD FOOTBALL ACADEMY



4:00 p.m. – 5:30 p.m.

A dynamic, challenging setting to refine game intelligence and technique:

- Activating warm-ups.
- Cognitive drills for decision-making.
- Build-up play with confidence.
- Progressing the ball with purpose.
- Attacking smartly in the final third.
- Small-sided games for offensive and defensive skill testing.

Every session wraps up with a 30-minute match. Sign up now and show what you've got!

10-18 YEARS-OLD FITNESS ACADEMY



10:00 a.m. – 11:00 a.m.

60-minute football-specific conditioning sessions:

- Quick feet: Precision drills with and without the ball.
- Endurance: High-intensity, football-focused training.
- Strength: Bodyweight and isometric exercises.

Agility: Fast movements in tight spaces. No long-distance runs or generic weightlifting—just football fitness with a purpose.

SIGN UP NOW



Fun and sports in La Manga

10-16 YEARS-OLD GOALKEEPER ACADEMY

4:00 p.m. – 5:30 p.m.

90-minute sessions split into goalkeeper training (45 min) and match play (45 min):

- Handling and diving techniques.
- Footwork, balance, and agility.
- Aerial control and commanding the box.
- 1v1 situations and distribution skills.

Sharpen every tool in your goalkeeper kit!
Sign up now!

WORLD CUPS ACADEMY

5:45 p.m. (registration) / 6:00 p.m. (start)

- **Mini World Cup: 7-11 years.**
- **World Cup: 12-16 years.**
Experience a thrilling daily tournament:
- **Coaches act as referees for fair play.**
- **Open to both academy and non-academy players.**

Represent a country and compete in 60-minute group stage and knockout rounds.

PRIVATE 1- TO -1 LESSONS

Subject to Availability

Personalized 60-minute training sessions:

- **Tailored to position, age, and goals.**
- **Advanced, position-specific drills.**

Sign up today!

10-16 YEARS-OLD "TRAIN LIKE A PRO"

FULL PROGRAMME:

A complete training experience:

- **1 private lesson (60 min)**
- **Fitness Academy (60 min/day)**
- **Football Academy (90 min/day)**

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